Mentoring the Mentors in Global Health Research
Workshop, June 17-18, 2013
Mombasa, Kenya

Agenda

A workshop for East African mentors interested in nurturing early career investigators in biomedical and behavioral global health research

Program Faculty

Elizabeth Bukusi, MBChB, MMed, MPH, PhD, Chief Research Officer, Deputy Director (Research and Training) Kenya Medical Research Institute (KEMRI), Kenya
Craig Cohen, MD, MPH; Professor of OBGYN Reproductive Sciences, University of California, San Francisco (UCSF), U.S.
Jonathan Fuchs, MD, MPH; Director, Center for Learning and Innovation (CLI), San Francisco Dept. of Public Health, Associate Professor of Medicine, UCSF, U.S.
Monica Gandhi, MD, MPH; Professor of Medicine, HIV/AIDS Division, UCSF, U.S.
Sophie Gladding, PhD; Assistant Professor of Global Pediatrics, University of Minnesota, U.S.
Chandy John, MD, MS; Professor of Pediatrics and Medicine, University of Minnesota, U.S
Sarah Kiguli, MBChB, MMed; Associate Professor, Head of Pediatrics, School of Medicine, Makerere University College of Health Sciences, Kampala, Uganda
Harriet Mayanja-Kizza, MBChB, MMed, MS Dean, School of Medicine, Makerere University College of Health Sciences – Kampala, Uganda
Wilson W.O. Odero, MD, MSc, PhD; Professor, School of Public Health and Community Development, Maseno University, Kenya

Workshop objectives:
1. To form a cohort of mentors in global health research across East Africa to support cross-collaboration and ongoing training
2. To develop a conceptual framework for mentoring in global health research with examples (and a plan for dissemination)
3. To identify barriers to mentoring in global health research at the individual, institutional and global levels with proposed solutions
4. To develop individual mentoring action plans and action plans for institutions in East Africa to support mentoring
5. To share well-developed tools and resources regarding mentoring fundamentals from UCSF/ University of Minnesota

Monday, June 17

7:00am – 7:45am  Breakfast
7:30am- 8:00am   Registration and pre-workshop survey completion

8:00am-9:30am:  Welcome and Introductions, Ice-breaking exercise
Individuals paired, everyone introduce their buddy – name, history, share a personal story (problem or success with mentee)—E. Bukusi

9:30am-9:45am  Participant perspectives: Framing the needs-- S. Gladding

9:45am -10:45am:  Opportunities and Challenges in Mentoring Global Health Researchers
Keynote: H. Mayanja-Kizza

10:45am-11:00am:  Break

11:00am-11:45am:  Mentoring Fundamentals: Panel 1
- Definitions of mentoring and a conceptual framework (M. Gandhi)
- Goals and expectations of the mentoring relationship (J. Fuchs)

11:45am-1:00pm:  First breakout session: Individual, institutional, and global barriers to mentoring and brainstorming on solutions
Audience groups of 6-8 members each with faculty facilitation
Each group with two faculty facilitators (45 min); individual groups present to whole audience (30 min)
Moderator—J. Fuchs

1:00pm-2:00pm   Networking lunch

2:00pm-3:15pm  Mentoring Fundamentals: Panel 2
- Mentoring students from abroad: opportunities and challenges (W. Odero)
- Navigating Work-Life Balance (S. Kiguli)
- Time management for researchers and how to teach that to mentees (M. Gandhi)

Audience Discussion – C. Cohen

3:15pm-3:30pm:  Break

3:30pm-4:20pm:  Introduction to resources and tools of mentoring as developed by UCSF’s CTSI Mentoring Program
M. Gandhi
Mentoring Development Program materials
4:20pm-5:00pm: **Audience goal discussion:** Fill out action plans what you hope to change about your mentoring as a result of this conference, lessons from today – *S. Gladding/ C John*

7:30pm
Informal group dinner at White Sands hotel

**Tuesday June 18**

8:00am-8:45am: **Introduction, Summary of Day 1 Surveys, Overview of Day Two**

*J. Fuchs*

8:45am-10:00am: **Mentoring Fundamentals: Panel 2**

- Scientific Writing with Early Career Investigators (*E. Bukusi*)
- Conflict resolution: Tips and techniques (*M. Gandhi*)
- When to transition the mentoring relationship (*C Cohen*)

*Audience Discussion – C. John*

10:00am-10:20am: **Break**

10:20am-12:20pm: **Breakout sessions, Mentoring Consultation Clinic**

- Participants split into 6-8 person focus groups for a discussion of barriers and solutions to mentoring (1 hour clinic; 1 hour present cases to group)

*Two faculty facilitators for each group*

*Moderator: J. Fuchs*

12:20pm-12:45pm: **Group picture**

12:45-1:45pm: **Networking lunch**

1:30-2:30pm: **Next Steps to Create a Mentoring Program at Makerere University**

*S. Kiguli, C. John, S. Gladding, H. Mayanja-Kizza*

2:30pm-3:30pm: **Group exercise:** Breakout groups of 6-8 persons each from 1st day

Participants develop recommendations on how to address institutional commitment to mentoring at their institutions and present to the group

*Two faculty facilitators for each group*
3:30- 3:45pm  **Wrap-up, action points and summary**
*Moderator: M Gandhi/ S Gladding*

3:45pm-4:00pm  **Fill out post-workshop survey**

**Journal articles:**


Mentors’ Manual for Health Sciences Training in Africa. Editors Peter Muyenyi and Nelson Sewankambo, Kampala 2010