

Agenda

A workshop for South Asian mentors interested in nurturing early career investigators in biomedical and behavioral global health research

***Venue: St. John's Main Auditorium – 1st Floor,
St. John's Research Institute,
St. John's National Academy of Health Sciences,
Johnagar, Sarjapura Road, Bangalore – 560034. India.***

Program Faculty

Mahesh Anand, MBBS, DTCD, Professor, Department of Pulmonary Medicine, JSS Medical College, Mysore, India
Craig Cohen, MD, MPH; Professor of OBGYN Reproductive Sciences, University of California, San Francisco (UCSF), U.S.
Maria Ekstrand, PhD; Professor of Medicine (Div of Prevention Science), UCSF, U.S.
Monica Gandhi, MD, MPH; Professor of Medicine, HIV/AIDS Division, UCSF, U.S.
Nirmal Kumar Ganguly, MBBS, MD, DSc (hc), Professor, National Institute of Immunology, New Delhi, India
Purnima Madhivanan, MBBS, MPH, PhD; Associate Professor of Epidemiology, Florida International University (FIU), U.S.
Firdausi Qadri, PhD, Director, Centre for Vaccine Science, icddr,b, Dhaka, Bangladesh
Tony Raj, MD, Vice Dean, St. John's Research Institute, Bangalore, India
Lee Riley, MD; Professor of Epidemiology and Infectious Diseases, University of California, Berkeley (UCB), U.S.

Workshop objectives:

1. To form a cohort of mentors in global health research across South Asia to support cross-collaboration and ongoing training
2. To develop a conceptual framework for mentoring in global health research with examples (and a plan for dissemination)
3. To identify barriers to mentoring in global health research at the individual, institutional and global levels with proposed solutions
4. To develop individual mentoring action plans and action plans for institutions in South Asia to support mentoring
5. To share well-developed and published tools and resources regarding mentoring fundamentals from UCSF and UC Berkeley with South Asian institutions and share mentoring resources and needs from St. John's Research Institute / icddr, b / JSS Medical College

1st day, November 20, 2014

8:00am-8:30am: **Registration and pre-workshop survey completion**

8:30am-9:30am: Lighting of the Lamp Ceremony

Welcome Note by Director, St. John's National Academy of Health Sciences (Rev. Dr. Paul Parathazham)

Introduction to SJRI by Dean, St. John Research Institute (*George D' Souza*)

Welcome and Introductions, Ice-breaking exercise

Individuals paired, everyone introduce their buddy – name, history, share a personal story (problem or success with mentee)—*T. Raj*

9:30am-9:45am: **Participant perspectives: Framing the needs**—*M. Gandhi*

9:45am -10:45am: **Opportunities and Challenges in Mentoring Health Researchers in the South Asian Setting**
Keynote: *N.K. Ganguly*

10:45am-11:15am: **Group Photo: Lawns, St. John's Auditorium and Tea Break: Terrace, St. John's Main Auditorium**

11:15am-12:00pm: **Mentoring Fundamentals: Panel 1**

- Definitions of mentoring and a conceptual framework (*M. Gandhi*)
- Goals and expectations of the mentoring relationship (*M. Ekstrand*)

12:00am-1:15pm: **First breakout session: Individual, institutional, and global barriers to mentoring and brainstorming on solutions**

Audience groups of 6-8 members each with faculty facilitation

Each group with two faculty facilitators (45 min); individual groups present to whole audience (30 min)

Moderator— *F. Qadri*

1:15pm-2:30pm: **Networking lunch : Terrace, St. John's Main Auditorium**

2:30pm-3:45pm: **Mentoring Fundamentals: Panel 2**

- Time management for researchers and how to teach that to mentees (*M. Gandhi*)
- "How to Give and Receive Feedback (*M. Anand*)
- Mentoring for Work-Life Issues (*P. Madhivanan*)

Audience Discussion – C. Cohen

3:45pm-4:00pm: **Tea Break: Terrace, St. John's Main Auditorium**

4:00pm-4:45pm: **Introduction to resources and tools of mentoring** as developed by UCSF's CTSI Mentoring Program

M. Gandhi

[Mentoring Development Program materials](#)

4:45pm-5:30pm: **Audience goal discussion:** Fill out action plans what you hope to change about your mentoring as a result of this conference, lessons from today – *T. Raj, L. Riley, P. Madhivanan*

7:30pm: Informal group dinner (Venue of the Social Dinner will be informed later) – Group to assembly at SJRI by 6:30 pm

2nd day, November 21

- 8:00am-8:30am: **Introduction, Summary of Day 1 Surveys, Overview of Day Two**
M. Gandhi
- 8:30am-9:45am: **Mentoring Fundamentals: Panel 2**
- Scientific Writing with Early Career Investigators (*C. Cohen*)
 - Conflict resolution: Tips and techniques (*M. Gandhi*)
 - When to transition the mentoring relationship (*L. Riley*)
- Audience Discussion – M. Anand*
- 9:45am-10:00am: **Tea Break: Terrace, St. John's Main Auditorium**
- 10:00am-11:05pm: **First breakout session, Mentoring Consultation Clinic**
- Participants split into 6-8 person focus groups. One participant presents “case” of problem with mentee or problem with mentoring and, after questions (see instructions in book), solutions offered (30 minute clinic; 30 minutes present cases to group)
Two faculty facilitators for each group, Moderator: *T.Raj, F. Qadri*
- 11:10am-12:10pm: **Second breakout session, Discussion of tailoring mentoring concepts and programs according to cultural setting**
- Participants split into 6-8 person focus groups. Participants to discuss adapting mentoring tools and plans according to their institutional and cultural context (e.g. North-South differences) with possible challenges and solutions (30 minute group sessions; 20 minutes presentation to group)
Two faculty facilitators for each group, Moderator: *M. Anand, M. Ekstrand*
- 12:10-12:30pm: **Discussion of diversity in the South Asian context**
Introduction of concept of discussing diversity of faculty member and mentees in the South Asian context (e.g. socioeconomic diversity and class, rural/urban, country, other). Conversation topic to be introduced and then discussed over lunch with facility facilitation.
Introduction: *P. Madhivanan*
- 12:30pm-1:30pm: **Lunch with table (facilitated) discussion of diversity topic**
- 1:30pm-2:30pm: **Next Steps to Create a Mentoring Program at JSS, St. John's, icddr, b**
M. Anand, T. Raj, F. Qadri, M. Ekstrand
- 2:30pm-3:30pm: **Group exercise:** Breakout groups of 6-8 persons

Participants develop recommendations on how to address institutional commitment to mentoring at their institutions and present to the group

Two faculty facilitators for each group, Moderator: *M. Gandhi, C. Cohen*

3:30pm- 3:45pm

Wrap-up, action points and summary

Moderator: *M. Gandhi, T. Raj*

3:45pm-4:00pm

Fill out post-workshop survey

Journal articles:

Shah SK, Nodell B, Montano SM, Behrens C, Zunt JR. Clinical research and global health: mentoring the next generation of health care students *Glob Public Health*. 2011;6(3):234-46. doi: 10.1080/17441692.2010.494248.

Straus SE, Johnson MO, Marquez C, Feldman MD. Characteristics of Successful and Failed Mentoring Relationships: A Qualitative Study Across Two Academic Health Centers. *Acad Med*. 2013 Jan;88(1):82-89

Mentors' Manual for Health Sciences Training in Africa. Editors