



Mentoring the Mentors in Global Health Research Workshop, June 17-18, 2013 Mombasa, Kenya



Agenda

A workshop for East African mentors interested in nurturing early career investigators in biomedical and behavioral global health research

Program Faculty

Elizabeth Bukusi, MBChB, MMed, MPH, PhD, Chief Research Officer, Deputy Director (Research and Training) Kenya Medical Research Institute (KEMRI), Kenya

Craig Cohen, MD, MPH; Professor of OBGYN Reproductive Sciences, University of California, San Francisco (UCSF), U.S.

Jonathan Fuchs, MD, MPH; Director, Center for Learning and Innovation (CLI), San Francisco Dept. of Public Health, Associate Professor of Medicine, UCSF, U.S.

Monica Gandhi, MD, MPH; Professor of Medicine, HIV/AIDS Division, UCSF, U.S.

Sophie Gladding, PhD; Assistant Professor of Global Pediatrics, University of Minnesota, U.S.

Chandy John, MD, MS; Professor of Pediatrics and Medicine, University of Minnesota, U.S.

Sarah Kiguli, MBChB, MMed; Associate Professor, Head of Pediatrics, School of Medicine, Makerere University College of Health Sciences, Kampala, Uganda

Harriet Mayanja-Kizza, MBChB, MMed, MS Dean, School of Medicine, Makerere University College of Health Sciences – Kampala, Uganda

Wilson W.O. Odero, MD, MSc, PhD; Professor, School of Public Health and Community Development, Maseno University, Kenya

Workshop objectives:

1. To form a cohort of mentors in global health research across East Africa to support cross-collaboration and ongoing training
2. To develop a conceptual framework for mentoring in global health research with examples (and a plan for dissemination)
3. To identify barriers to mentoring in global health research at the individual, institutional and global levels with proposed solutions
4. To develop individual mentoring action plans and action plans for institutions in East Africa to support mentoring
5. To share well-developed tools and resources regarding mentoring fundamentals from UCSF/ University of Minnesota

Monday, June 17

7:00am – 7:45am

Breakfast



Mentoring the Mentors in Global Health Research Workshop, June 17-18, 2013 Mombasa, Kenya



7:30am- 8:00am

Registration and pre-workshop survey completion

8:00am-9:30am:

Welcome and Introductions, Ice-breaking exercise

Individuals paired, everyone introduce their buddy – name, history, share a personal story (problem or success with mentee)—*E. Bukusi*

9:30am-9:45am

Participant perspectives: Framing the needs-- *S. Gladding*

9:45am -10:45am:

Opportunities and Challenges in Mentoring Global Health Researchers

Keynote: *H. Mayanja-Kizza*

10:45am-11:00am:

Break

11:00am-11:45am:

Mentoring Fundamentals: Panel 1

- Definitions of mentoring and a conceptual framework (*M. Gandhi*)
- Goals and expectations of the mentoring relationship (*J. Fuchs*)

11:45-1:00pm:

First breakout session: Individual, institutional, and global barriers to mentoring and brainstorming on solutions

Audience groups of 6-8 members each with faculty facilitation

Each group with two faculty facilitators (45 min); individual groups present to whole audience (30 min)

Moderator—J. Fuchs

1:00pm-2:00pm

Networking lunch

2:00pm-3:15pm

Mentoring Fundamentals: Panel 2

- Mentoring students from abroad: opportunities and challenges (*W. Odera*)
- Navigating Work-Life Balance (*S. Kiguli*)
- Time management for researchers and how to teach that to mentees (*M. Gandhi*)

Audience Discussion – C. Cohen

3:15pm-3:30pm:

Break

3:30pm-4:20pm:

Introduction to resources and tools of mentoring as developed by UCSF's CTSI Mentoring Program

M. Gandhi

[Mentoring Development Program materials](#)



**Mentoring the Mentors in
Global Health Research
Workshop, June 17-18, 2013
Mombasa, Kenya**



4:20pm-5:00pm: **Audience goal discussion:** Fill out action plans what you hope to change about your mentoring as a result of this conference, lessons from today – *S. Gladding/ C John*

7:30pm Informal group dinner at White Sands hotel

Tuesday June 18

8:00am-8:45am: **Introduction, Summary of Day 1 Surveys, Overview of Day Two**
J. Fuchs

8:45am-10:00am: **Mentoring Fundamentals: Panel 2**

- Scientific Writing with Early Career Investigators (*E. Bukusi*)
- Conflict resolution: Tips and techniques (*M. Gandhi*)
- When to transition the mentoring relationship (*C Cohen*)

Audience Discussion – C. John

10:00am-10:20am: **Break**

10:20am-12:20pm: **Breakout sessions, Mentoring Consultation Clinic**

- Participants split into 6-8 person focus groups for a discussion of barriers and solutions to mentoring (1 hour clinic; 1 hour present cases to group)

Two faculty facilitators for each group

Moderator: J. Fuchs

12:20pm-12:45pm **Group picture**

12:45-1:45pm: **Networking lunch**

1:30-2:30pm: **Next Steps to Create a Mentoring Program at Makerere University**
S. Kiguli, C. John, S. Gladding, H. Mayanja-Kizza

2:30pm-3:30pm: **Group exercise:** Breakout groups of 6-8 persons each from 1st day
Participants develop recommendations on how to address institutional commitment to mentoring at their institutions and present to the group
Two faculty facilitators for each group



**Mentoring the Mentors in
Global Health Research
Workshop, June 17-18, 2013
Mombasa, Kenya**



3:30- 3:45pm

Wrap-up, action points and summary

Moderator: M Gandhi/ S Gladding

3:45pm-4:00pm

Fill out post-workshop survey

Journal articles:

Shah SK, Nodell B, Montano SM, Behrens C, Zunt JR. Clinical research and global health: mentoring the next generation of health care students Glob Public Health. 2011;6(3):234-46. doi: 10.1080/17441692.2010.494248.

Straus SE, Johnson MO, Marquez C, Feldman MD. Characteristics of Successful and Failed Mentoring Relationships: A Qualitative Study Across Two Academic Health Centers. Acad Med. 2013 Jan;88(1):82-89

Mentors' Manual for Health Sciences Training in Africa. Editors Peter Mugenyi and Nelson Sewankambo, Kampala 2010